

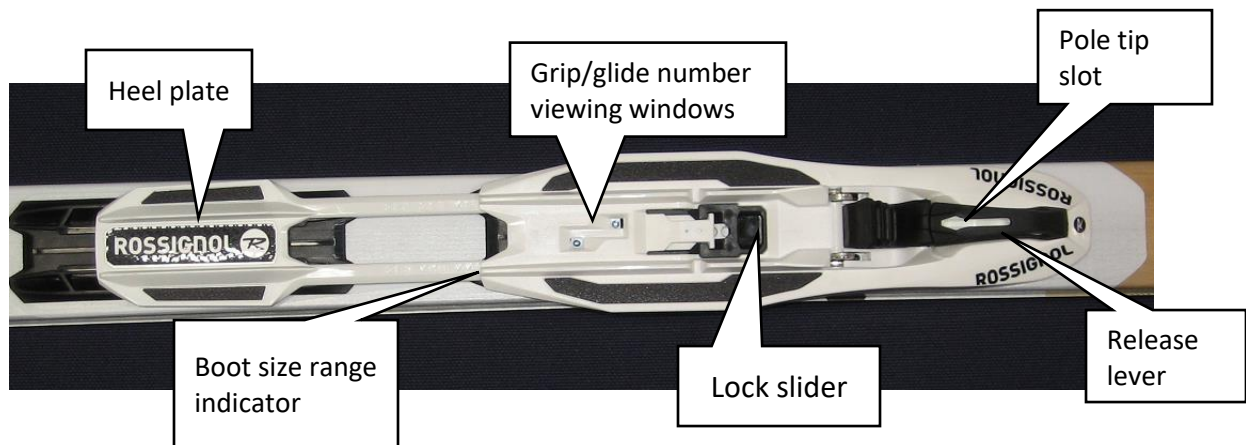
Turnamic Bindings

To use the Turnamic bindings on your cross-country skis, simply step into them with your ski boots. Place the toe of each boot against the rubber bumper and click into the binding. To release your boot, turn the lever at the front of the binding by hand or insert the tip of a touring ski pole into the pole tip slot on the release lever and twist. The turn is nearly 90 degrees and can be to either left or right. (If your skis shipped with a black plastic packing pin holding the skis together, follow the instructions for releasing your boot to remove the pin.)

Adjusting for Grip or Glide

Turnamic bindings are factory set to the neutral (0) setting, which is optimal for most users. They can be set three positions forward to get more grip from your skis, or moved three positions backward to get more glide. The further from the neutral setting, the more grip or glide.

To adjust the binding for more grip or glide, push the rectangular, recessed lock slider two clicks toward the rear of the ski. When the lock slider is open, "close!" will be visible. The binding can now slide on the mounting plate. Slide the binding to the desired position, centering a number in one of the viewing windows. To lock the binding in place, push the lock slider forward two clicks, until it is completely closed. If the lock slider does not close completely, move the binding so a number is centered in one of the viewing windows, then push the lock slider forward.



Adjusting Heel Plate Position

The heel plate of the Turnamic binding has been factory set to the common boot size range for the ski size. If the heel plate is not engaging the recess of your boot heel, you can move the binding heel plate.

To adjust the heel plate, push the lock slider two clicks toward the rear of the ski. Push the binding toward the front of the ski until the binding separates from the mounting plate. With the binding upside down, remove the heel plate from the binding. Press the two arms of the heel plate together and twist slightly. Align the heel plate arms so the desired European boot size range (e.g. 42-44) is displayed within the boot size range indicator. Ensure that the heel plate arms are flush and securely mounted onto the binding. (Some slight twisting of the arms may be necessary to obtain the proper position.)

Reattach by sliding the binding along the front section of the mounting plate. As the heel plate reaches the rear section of the mounting plate, apply gentle downward pressure to attach it. Line up to the neutral (0) setting or desired grip/glide position. Push the lock slider two clicks forward to secure binding.

Note: Your bindings may be different colors than what is shown. Junior bindings have stationary heel plates that are not adjustable. Also, Junior bindings cannot be released with a ski pole tip.

Should you have any further questions, please contact our product specialists at 800-226-7552 any day between 8:00 a.m. and 10:00 p.m. Eastern.