L.L.Bean Outdoor Discovery Schools® Discover a New Reason to Love the Outdoors

Thank you for registering for our **Wilderness Skills - Shelter** – get ready for an exciting outdoor adventure, sure to create lasting memories. Our friendly guides look forward to meeting you. We've included a list of what to bring and what equipment and supplies we provide. If you need anything on this list or just want to check out our wide selection of new and innovative products, stop by your local L.L.Bean store or shop online at <u>llbean.com</u>.

What to Bring Activity-apprpriate closed-toe shoes Weather- and activity-appropriate clothing (preferably synthetic*) Personal prescriptions such as EpiPen or inhaler One-quart water bottle or hydration system Work gloves Pocket knife Optional Camera Lip balm with sunscreen Hat with visor Sunglasses What We Provide First-aid kit Sunscreen Insect repellent Water Rope/paracord Tent • Tarps Space blankets If you require handicapped access or accommodations, need assistance with your reservation or have

If you require handicapped access or accommodations, need assistance with your reservation or have any other questions, please call 1-888-552-3261.

Synthetic clothing dries quickly and is the best choice for outdoor pursuits. Please do not wear cotton clothing. When wet, cotton rapidly robs the heat from your body and takes a long time to dry. We also recommend you dress in multiple layers of clothing, allowing you more flexibility to comfortably respond to the weather conditions and your level of exertion.