L.L.Bean Outdoor Discovery Schools® Discover a New Reason to Love the Outdoors

Thank you for registering for our **Hut-to-Hut Fall Foliage Hike** – get ready for an exciting outdoor adventure, sure to create lasting memories. Our friendly guides look forward to meeting you. We've included a list of what to bring and what equipment and supplies we provide. If you need anything on this list or just want to check out our wide selection of new and innovative products, stop by your local L.L.Bean store or shop online at <u>Ilbean.com</u>.

what to Bring	
Day pack; dry bags for packing	Waterproof jacket (with hood) and waterproof pants
Fleece jacket or wool sweater	Warm hat and gloves (preferably waterproof)
Synthetic hiking pants*	Hiking boots (with ankle support) and lightweight
	slippers
Underwear; synthetic or wool socks	Blaze orange article of clothing (hat, vest, or other)
Sunglasses	Lip balm with sunscreen
One-quart water bottle or hydration system	Personal prescriptions such as EpiPen or inhaler
Personal toiletries (travel size)	Sleeping bag; pillowcase
Compressible pack towel	
Optional	
Camera and accessories	Binoculars
What We Provide	
Trekking poles	Headlamp
First aid kit	Sunscreen

If you require handicapped access or accommodations, need assistance with your reservation or have any other questions, please call 1-888-552-3261.

Synthetic clothing dries quickly and is the best choice for outdoor pursuits. Please do not wear cotton clothing. When wet, cotton rapidly robs the heat from your body and takes a long time to dry. We also recommend you dress in multiple layers of clothing, allowing you more flexibility to comfortably respond to the weather conditions and your level of exertion.