

Before your first trip.....

Your new sleeping pad has been tightly rolled since production. Unroll it with valve(s) open and let it self-inflate for approximately 30 minutes. Next, fully inflate the pad by mouth and close the valve(s). When the mattress is new, or has been stored rolled up for an extended period of time, several breaths may be required to fully inflate. Store pad overnight fully inflated with valves closed. Pad may be used immediately.

To Inflate

1. Open valves and allow mattress to inflate. Close valve(s).
2. Adjust air pressure for comfort. For firmer support, inflate by mouth. For softer support, gently squeeze out a little air. Avoid breath inflation if freezing conditions are expected. Moisture from breath may accumulate and freeze inside the mattress.

To Deflate

1. Open valve(s), fold a few times and sit on the mattress to force air out.
2. Close valve(s) and roll the pad toward the valve(s). As you get close to the valves, open them to let any remaining air out as you finish rolling the pad tightly. Close valve(s), mattress will remain rolled.

Storage Recommendations

Store your L.L.Bean sleeping pad unrolled in a dry place with its valve(s) open. Your mattress will inflate faster in the field if stored unrolled at home. Make sure the mattress is dry before storing.

Repairs in the Field

Each L.L.Bean mattress includes a repair kit with instructions.

Cleaning

Cleaning is recommended to prevent food, oils or other materials from prematurely degrading your mattress. Inflate the mattress completely and close valves. Wash using a soft bristle brush and a mild detergent. Rinse well. Leave unrolled until dry. Do not store wet.

Tips to Protect Your Mattress

- Always check for potential puncturing hazards under your mattress.
- Do not use your mattress as a flotation device. It is not U.S. Coast Guard-approved.
- Do not expose mattress to flame or sparks.
- Do not pressurize a mattress with high-pressure pumps.
- Do not leave a mattress inflated with valve(s) closed in a car or tent on a hot day.
- Do not let the mattress come in contact with Deet-based insect repellants, sunscreen, or chlorine.
- Do not expose mattress to long periods of direct sunlight. Ultraviolet rays gradually destroy the coated fabric.
- Don't let pets on your mattress. Claws can damage the fabric and dogs love to chew on inflation valves.