



## **The Northern Maine Winter Adventure Trip**

### **Packing List & Tips**

The detailed list below covers what you need to pack for your upcoming adventure trip, based on over 40 years of L.L.Bean's experience running outdoor adventures. We look forward to exploring a variety of outdoor activities with you and sharing our love of the great outdoors.

#### **COME AS YOU ARE**

The dress code for Maine and our adventure trip is practical and casual.

#### **LAYERS**

Dressing in layers is the key to staying comfortable in the outdoors. Multiple layers allow flexibility to respond to your activity level and changing weather conditions. We can expect temperatures between 15°F and 35°F.

Your base and middle layers should include wool or synthetic clothing or a combination of both. Please avoid bringing all-cotton clothing. When wet, cotton rapidly robs the heat from your body and takes a long time to dry. Wool or synthetic fabrics are best because they don't absorb water, so they will keep you warm even if they get wet. Synthetic clothing also dries quickly.

For a top layer, we recommend waterproof/breathable outer shell. This gear will protect you from the wind and rain and help keep you dry.

#### **QUESTIONS**

If you have any questions about this packing list, please call one of our Adventure Consultants. Also, if you'd like to purchase any L.L.Bean clothing or gear for this trip, our Adventure Consultants can offer suggestions.

**Phone:** 1-888-615-9979

**Email:** [odprograms@llbean.com](mailto:odprograms@llbean.com)



## Gear Provided by L.L.Bean

- All snowshoeing gear including snowshoes, gaiters and poles
- All cross-country gear including skis, boots, and poles
- All ice-fishing gear including anglers, ice traps, bait, etc.
- Group first-aid kit

## Please Bring

- Valid Maine fishing license\*
- Insulated, waterproof jacket (with hood)
- Insulated, waterproof pants
- Fleece jacket or wool sweater
- Long underwear tops and bottoms (synthetic or wool)
- Warm hat, gloves and glove liners (preferably waterproof)
- Insulated winter boots
- Synthetic or wool socks
- Underwear
- Sunglasses
- Sunscreen
- Lip balm with sunscreen
- One-quart water bottle or hydration system
- Personal prescriptions such as EpiPen or inhaler
- Personal toiletries (travel size)
- Personal electronics and chargers
- Small day pack

## Optional

- Camera and accessories
- Binoculars
- Snowshoes, cross-country skis and/or ice-fishing gear (Please call ahead if you plan to bring your own equipment as it must pass inspection before use)

*\*A temporary one-day fishing license can be purchased online in advance of the start of the trip. The license will only be needed for the final day of the trip. For more information or to purchase a fishing license online, please visit:*

<https://moses.informe.org>