



The Great Maine Adventures with L.L.Bean

Packing List & Tips

The detailed list below covers what you need to pack for your upcoming adventure trip, based on over 40 years of L.L.Bean's experience leading outdoor adventures. We look forward to exploring a variety of outdoor activities with you and sharing our love of the great outdoors.

COME AS YOU ARE

The dress code for Maine and our adventure trip is practical and casual. Our welcome and farewell dinners, plus the dinners on your own, may be opportunities to dress up, but that is up to you.

LAYERS

Dressing in layers is the key to staying comfortable in the outdoors. Multiple layers allow flexibility to respond to your activity level and changing weather conditions. We can expect temperatures between 50°F and 70°F in the summer.

Your base and middle layers should include wool or synthetic clothing or a combination of both. Please avoid bringing all-cotton clothing. When wet, cotton rapidly robs the heat from your body and takes a long time to dry. Wool or synthetic fabrics are best because they don't absorb water, so they will keep you warm even if they get wet. Synthetic clothing also dries quickly.

For a top layer, we recommend waterproof/breathable rain gear. This gear will protect you from the wind and rain and help keep you dry.

LUGGAGE

This trip is supported with a 14-passenger bus. We ask that you limit yourself to one medium-sized, soft-sided travel bag plus a small daypack, as space is limited.

QUESTIONS

If you have any questions about this packing list, please call one of our Adventure Consultants. Also, if you'd like to purchase any L.L.Bean clothing or gear for this trip, our Adventure Consultants can offer suggestions.

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Gear Provided by L.L.Bean

- Bike and helmet
- All paddling gear including dry bags and paddling jackets
- All fly-casting gear
- All archery gear
- Shotguns, ammo, eye and ear protection
- Group first-aid kit
- Sunscreen
- Insect repellent (with DEET)

Please Bring

- Rain jacket (hooded, lightweight, waterproof, breathable)
- Rain pants (lightweight, waterproof, breathable)
- Fleece jacket or wool sweater
- Long-sleeve shirt (synthetic, lightweight)
- Hiking pants (quick-dry, lightweight)
- Hiking shorts (quick-dry, lightweight)
- Hiking socks (synthetic or wool)
- Wicking base-layer shirts
- Light hiking shoes
- Closed-toe water shoes
- Casual clothing for traveling and in-town wear
- Casual shoes for traveling and free-time wear
- Underwear
- Sunhat or baseball hat
- Spare eyeglasses/contact lenses
- Sunglasses with lanyard (polarized recommended)
- Lip balm with sunscreen
- One-quart water bottle or hydration system
- Personal prescriptions such as EpiPen or inhaler
- Personal toiletries (travel size)
- Personal electronics and chargers
- Lanyard or band to prevent eyeglasses from falling into the water during on-water activities
- Day pack (20 L – 35 L)

Optional

- Bike shorts
- Motion-sickness remedies
- Camera and accessories
- Binoculars
- Swimwear & towel
- Fleece/wool gloves
- Fleece/wool hat
- Ear plugs