

West Branch Penobscot River Canoe Trip

Additional Trip Details

Below you'll find more information about this trip and what you'll need to know in order to prepare for your adventure.

Activity Description

This trip will consist of canoeing a total of 25 miles in a tandem (i.e. two-person) canoe. During each of the two full days on the river, you can expect to be paddling for approximately 5 hours each day (including stops to stretch and have lunch). There are no significant rapids on this section of river; water conditions are primarily calm and flat.

Destination/Travel Time

The trip kicks off in Freeport, Maine at our Paddling Center. Once you've met with your guides and fellow travelers, you will travel together to the put-in which is approximately a 5 to 5 ½ hour drive from the Paddling Center (including stretch breaks and a stop for lunch).

Accommodations

You will be camping at campsites along the Penobscot River, and will be provided with a tent, sleeping pad, sleeping bag, and sleeping bag liner. The campsites have privies (i.e. outhouses), and no shower facilities or running water. Note that there are hot showers available for your use at the end of your trip upon return to the Paddling Center in Freeport.

Connectivity

After a few hours of travel from the Paddling Center, cell phone service will not be available.

Clothing Considerations

Dressing in layers is the key to staying comfortable in the outdoors. Multiple layers allow flexibility to respond to your activity level and changing weather conditions.

Please avoid bringing all-cotton clothing. When wet, cotton rapidly robs the heat from your body and takes a long time to dry. Synthetic fabrics are best because they don't absorb water, and they also dry quickly.

For an outer layer, we recommend waterproof/breathable outer shell. This gear will protect you from the wind and rain and help keep you dry.

Luggage

Upon your arrival to the kick-off of the trip, you will be provided two dry bags to pack your personal gear. The one dry bag will be a 10L bag (dimensions approx. 7.5" dia. x 13" tall), which can be used to carry items you want close at hand while paddling such as a camera, snacks, extra layer, sunglasses, etc. The second bag will be a large 115L dry bag (dimensions approx. 15" dia. x 30" tall). This bag will be for your personal gear, including some of the L.L.Bean provided gear such as your tent, sleeping bag, headlamp, etc. There will be time to pack your items into these bags after you arrive for the start of the trip. These dry bags will then be carried in your canoe along with other group gear.

Equipment Provided/Bring

What to Bring:

- Weather- and activity-appropriate clothing (preferably synthetic)
- Fleece jacket or wool sweater
- Fleece hat
- Waterproof jacket and pants
- Water shoes or closed-toed shoes you don't mind getting wet
- Extra pair of shoes for around camp
- Head bug net
- Swimsuit
- Sleepwear
- Casual clothing, including warm layers for evening
- Hat with visor, and sunglasses with lanyard
- One-quart water bottle or hydration system
- Compact pillow and towel
- Personal toiletries (travel size), including lip balm with sunscreen
- Personal prescriptions such as EpiPen or inhaler

Optional:

- Waterproof camera
- Canoe seat pad/back rest
- Your own camping equipment: tents, sleeping bags, etc.
- Alcoholic beverages for the evening

What We Provide:

- Use of all necessary camping equipment: tents, sleeping bags, sleeping pads, headlamps, camp chairs, etc.
- Use of all necessary paddling equipment: canoes, paddles, PFDs, throw bags, etc.
- All meals
- Sunscreen
- Insect repellent
- First-aid kit & safety gear
- Dry bags for packing

Questions

If you have any questions about this packing list, please call one of our Adventure Consultants. Also, if you'd like to purchase any L.L.Bean clothing or gear for this trip, our Adventure Consultants can offer suggestions.

Phone: 1-888-615-9979

Email: odprograms@llbean.com

Thank you for choosing to spend your time outdoors with L.L.Bean, and we look forward to seeing you soon!