# L.L.Bean, Inc., Outdoor Discovery Programs



# **Baxter State Park Hiking and Camping Trip**

## **Additional Trip Details**

Below you'll find more information about this trip and what you'll need to know in order to prepare for your adventure.

#### Activity Level

Trails will vary from trip to trip based on group interest, weather, timing, etc. Hikes will take you picturesque overlooks, ponds, and waterfalls. During each of the two full days in the park, you can expect to be hiking between 3 to 6 hours each day at a leisurely pace on varied terrain. Difficulty will vary between easy (i.e. short distance and flat terrain) to moderate (i.e. mild elevation changes and occasional steeper sections).

#### **Destination/Travel Time**

The trip kicks off in Freeport, Maine at our Paddling Center. Once you've met with your guides and fellow travelers, you will travel together to Baxter State Park which is approximately a 4 ½ to 5-hour drive from the Paddling Center (including stretch breaks and a stop for lunch).

#### Accommodations

You will be camping at Trout Brook Farm Campground located within Baxter State Park, and will be provided with a tent, sleeping pad, sleeping bag, and sleeping bag liner. The campground has privies (i.e. outhouses), and no shower facilities or running water. Note that there are hot showers available for your use at the end of your trip upon return to the Paddling Center in Freeport.

### **Connectivity**

Once in Baxter State Park, cell phone service will not be available. The campground does not have wi-fi or electrical outlets.

#### **Clothing Considerations**

Dressing in layers is the key to staying comfortable in the outdoors. Multiple layers allow flexibility to respond to your activity level and changing weather conditions.

Please avoid bringing all-cotton clothing. When wet, cotton rapidly robs the heat from your body and takes a long time to dry. Synthetic fabrics are best because they don't absorb water, and they also dry quickly.

For an outer layer, we recommend waterproof/breathable outer shell. This gear will protect you from the wind and rain and help keep you dry.

#### Luggage

Each guest should plan on having two bags with them for the duration of the trip. One bag should be a day pack to be carried while hiking. This can be used to carry a water bottle, extra layer, hat, camera, sunglasses, etc. The second bag should be a medium sized duffel to carry your personal items listed on the bring list.

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## Equipment Provided/Bring

### What to Bring:

- Weather-and activity-appropriate clothing (preferably synthetic)
- Fleece jacket or wool sweater
- Fleece hat
- Waterproof jacket and pants
- Sturdy hiking boots or shoes
- Water shoes or closed-toed shoes you don't mind getting wet
- Swimsuit
- Sleepwear
- Casual clothing, including warm layers for evening

- Hat with visor
- Day pack
- Sunglasses with lanyard
- Bug head net
- One-quart water bottle or hydration system
- Compact pillow, towel, and personal toiletries (travel size)
- Lip balm
- Personal prescriptions such as EpiPen or inhaler

## **Optional:**

- Waterproof camera
- Extra pair of shoes for around camp

- Your own sleeping bag
- Alcoholic beverages for the evening

#### What We Provide:

- Use of all necessary camping equipment: tents, sleeping bags, sleeping pads, headlamps, camp chairs, etc.
- Trekking poles

- All meals
- Sunscreen
- Insect repellent
- First-aid & safety gear

### **Questions**

If you have any questions about this packing list, please call one of our Adventure Consultants. Also, if you'd like to purchase any L.L.Bean clothing or gear for this trip, our Adventure Consultants can offer suggestions.

**Phone:** 1-888-615-9979

Email: odprograms@llbean.com

Thank you for choosing to spend your time outdoors with L.L.Bean, and we look forward to seeing you soon!