## **Additional Trip Details**

Below you'll find more information about this trip and what you'll need to know in order to prepare for your adventure.

#### Activity Level

In total you will be skiing a total of just under 16 miles over the course of the three days. The breakdown of mileage and approx. time on the trail for each day is listed below. Note that on Day 2, this time will include breaks and a trailside lunch.

- Day 1: 3.2 miles/2 hours skiing
- Day 2: 7.6 miles/6 hours skiing
- Day 3: 4.8 miles/3 hours skiing

### Accommodations

The huts are off-the-grid eco lodges, each with a spacious great room, cozy reading area, hot showers, toilets, comfortable heated bunkrooms and convenient gear drying rooms. Note that the bunkroom is a shared space that will be the sleeping accommodations for our group. Single rooms are not available.

#### <u>Connectivity</u>

This is an unplugged adventure. The huts have cell phone boosters that allow for emergency phone calls only, but you must power down your cell phones for your stay. There is no ability to charge electronic devices at the Huts. There is also no wi-fi available.

### Clothing Considerations

Dressing in layers is the key to staying comfortable in the outdoors. Multiple layers allow flexibility to respond to your activity level and changing weather conditions. We can expect low temperatures at night around 10°F and highs of 30°F during the day.

Your base and middle layers should include wool or synthetic clothing or a combination of both. Please avoid bringing all-cotton clothing. When wet, cotton rapidly robs the heat from your body and takes a long time to dry. Wool or synthetic fabrics are best because they don't absorb water, so they will keep you warm even if they get wet. Synthetic clothing also dries quickly.

For an outer layer, we recommend waterproof/breathable outer shell. This gear will protect you from the wind and rain and help keep you dry.

### <u>Luqqaqe</u>

Each guest should plan on having two bags with them for the duration of the trip. One bag should be a day pack to be carried while skiing. This can be used to carry a water bottle, extra layer, hat, camera, sunglasses, etc. The second bag will be provided to you by L.L.Bean upon your arrival to the kick-off of the trip. The provided bag will be a large dry bag (dimensions approx. 30" x 15" x 15"). This bag will be for your personal gear (plus the L.L.Bean provided sleeping bag) that you want to have shuttled to and from the trailhead and between the huts. There will be time to pack your items into this bag after you arrive for the start of the trip.

### Page Break

### Equipment Provided/Bring

### What to Bring:

- Day pack
- Insulated, waterproof jacket (with hood)
- Insulated, waterproof pants
- Fleece jacket or wool sweater
- Long underwear tops and bottoms (synthetic or wool)
- Warm hat, gloves and glove liners (preferably waterproof)
- Insulated winter boots
- Synthetic or wool socks
- Underwear
- Sunglasses
- Lip balm with sunscreen
- One-quart water bottle or hydration system
- Personal prescriptions such as EpiPen or inhaler
- Personal toiletries (travel size)
- Pillowcase
- Light-weight slippers

### **Optional:**

- Camera and accessories
- Binoculars

• Cross-country skis (Please call ahead if you plan to bring your own equipment as it must pass inspection before use).

### What We Provide:

- All cross-country gear including skis and poles
- Headlamp
- First aid kit
- Sunscreen

# <u>Questions</u>

If you have any questions about this packing list, please call one of our Adventure Consultants. Also, if you'd like to purchase any L.L.Bean clothing or gear for this trip, our Adventure Consultants can offer suggestions.

Phone: 1-888-615-9979

Email: <a href="mailto:odschool@llbean.com">odschool@llbean.com</a>

Thank you for choosing to spend your time outdoors with L.L.Bean, and we look forward to seeing you soon!