# L.L.Bean, Inc., Outdoor Discovery Programs



## **Hut-to-Hut Fall Foliage Hike**

### **Additional Trip Details**

Below you'll find more information about this trip and what you'll need to know in order to prepare for your adventure.

#### Activity Level

In total you will be hiking approximately 17 miles over the course of the three days. The breakdown of mileage and approx. time on the trail for each day is listed below:

- Day 1: 3.3 miles/2 hours hiking
- Day 2: 11.8 miles/6 hours hiking
- Day 3: 2.2 miles/1.5 hours hiking

#### Activity Level

The huts are off-the-grid eco lodges, each with a spacious great room, cozy reading area, hot showers, toilets, comfortable heated bunkrooms and convenient gear drying rooms. Note that the bunkroom is a shared space that will be the sleeping accommodations for our group. Single rooms are not available.

#### Destination/Travel Time

The trip kicks off in Freeport, Maine at our Paddling Center. Once you've met with your guides and fellow travelers, you will travel together to Carrabassett Valley which is approximately a 2 to 2 ½ hour drive from the Paddling Center (including stretch breaks and a stop for lunch).

#### **Connectivity**

This is an unplugged adventure. The huts have cell phone boosters that allow for emergency phone calls only, but you must power down your cell phones for your stay. There is no ability to charge electronic devices at the Huts. There is also no wi-fi available.

#### Clothing Considerations

Dressing in layers is the key to staying comfortable in the outdoors. Multiple layers allow flexibility to respond to your activity level and changing weather conditions. We can expect low temperatures at night around 35°F and highs of 55°F during the day.

Your base and middle layers should include wool or synthetic clothing or a combination of both. Please avoid bringing all-cotton clothing. When wet, cotton rapidly robs the heat from your body and takes a long time to dry. Wool or synthetic fabrics are best because they don't absorb water, so they will keep you warm even if they get wet. Synthetic clothing also dries quickly.

For an outer layer, we recommend waterproof/breathable outer shell. This gear will protect you from the wind and rain and help keep you dry.

#### <u>Luggage</u>

Each guest should plan on having two bags with them for the duration of the trip. One bag should be a day pack to be carried while hiking. This can be used to carry a water bottle, extra layer, hat, camera, sunglasses, etc. The second bag will be provided to you by L.L.Bean upon your arrival to the kick-off of the trip. The provided bag will be a large dry bag (dimensions approx. 30" x 15" x 15"). This bag will be for your personal gear (plus the L.L.Bean provided sleeping bag) that you want to have shuttled to and from the trailhead and between the huts. There will be time to pack your items into this bag after you arrive for the start of the trip.

<sup>\*</sup>The maximum allowed weight of the packed, large, dry bag is approximately 25 lbs.

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### **Equipment Provided/Bring**

#### What to Bring:

Day Pack Underwear Waterproof jacket (with hood) Sunglasses

Waterproof pants Lip balm with sunscreen

Fleece jacket or wool sweater One-quart water bottle or hydration

Warm hat and gloves (preferably system

waterproof) Personal prescriptions such as

Synthetic hiking pants EpiPen or inhaler

Hiking boots (with ankle support)

Personal toiletries (travel size)

Synthetic or wool socks Pillowcase

Blaze orange article of clothing (hat, Lightweight slippers vest, or other)

Lightweight slippers
Compressible pack towel

**Optional:** 

Camera and accessories Binoculars

#### What We Provide:

- Trekking poles Pillow
- Headlamp First aid kit
- Dry bags for packing

   Sunscreen
  Sleeping bag

#### **Ouestions**

If you have any questions about this packing list, please call one of our Adventure Consultants. Also, if you'd like to purchase any L.L.Bean clothing or gear for this trip, our Adventure Consultants can offer suggestions.

**Phone:** 1-888-615-9979

Email: odprograms@llbean.com

Thank you for choosing to spend your time outdoors with L.L.Bean, and we look forward to seeing you soon!