L.L.Bean Outdoor Discovery Schools®
Discover a New Reason to Love the Outdoors

Thank you for registering for our **One-Night Maine Island Kayak Camping Trip** – get ready for an exciting outdoor adventure, sure to create lasting memories. Our friendly guides look forward to meeting you. We've included a list of what to bring and what equipment and supplies we provide. If you need anything on this list or just want to check out our wide selection of new and innovative products, stop by your local L.L.Bean store or shop online at llbean.com.

What to Bring

- ☐ Weather-appropriate paddling clothing (preferably synthetic*)
- ☐ Fleece jacket or wool sweater
- ☐ Waterproof jacket and pants
- ☐ Closed-toed water shoes
- ☐ Sunglasses with lanyard (polarized recommended)
- ☐ Hat with visor
- ☐ One-quart water bottle or hydration system
- ☐ Sleepwear
- ☐ Casual clothing
- ☐ Personal prescriptions such as EpiPen or inhaler
- ☐ Personal toiletries (travel size)
- ☐ Compact Pillow
- ☐ Compact Towel
- ☐ Lip balm with sunscreen

Optional

- ☐ Swimsuit
- ☐ Waterproof camera
- ☐ Tandem sea kayak with two bulkheads, spray skirts, paddle and US Coast Guard-approved Type III PFD
- ☐ Extra change of clothes for after trip
- ☐ Extra change of shoes for after trip
- ☐ Alcoholic beverages for the evening

What We Provide

- Use of all necessary paddling equipment: boats, paddles, PFDs, etc.
- First-aid kit
- Water
- All meals
- Insect repellent
- Use of all necessary camping equipment: tents, sleeping bags and pads, headlamps, etc.
- Dry bags
- Snacks
- Sunscreen
- Toilet system

If you require handicapped access or accommodations, need assistance with your reservation or have any other questions, please call 1-888-552-3261.

Synthetic clothing dries quickly and is the best choice for outdoor pursuits. Please do not wear cotton clothing. When wet, cotton rapidly robs the heat from your body and takes a long time to dry. We also recommend you dress in multiple layers of clothing, allowing you more flexibility to comfortably respond to the weather conditions and your level of exertion.