

Packing Suggestions for Outings:

- Binoculars
- Weather-appropriate clothing and footwear
- Insect repellent and sunscreen
- Flashlights or headlamps
- Snacks and plenty of water
- Hat

Please leave pets at home

Special thanks to our presenters from
The Cornell Lab of Ornithology

All activities are free unless otherwise noted. For more information, visit llbean.com/freeport

Activities and times are subject to change or cancellation without notice. Please call 877-755-2326 for updates.

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L.L.Bean

95 Main Street | Freeport, Maine

L.L.Bean BIRDING festival

In partnership with
MAINE AUDUBON

May 22-24, 2015



Join us for a FREE weekend filled with bird-watching events, free clinics and demonstrations, as well as presentations by special birding expert guests

Maine Audubon Birdathon

Midnight, Friday–Midnight, Saturday

Maine Audubon's annual Bird-a-thon features diverse teams of experienced birders, all seeking pledges and competing to identify as many bird species as possible in one day. This annual fundraiser supports Maine Audubon's mission to conserve Maine's wildlife and wildlife habitat. To make a donation or form your own Bird-a-thon team, visit www.maineaudubon.org/birdathon



Special Guest: Bernd Heinrich, Ph.D.

SATURDAY, MAY 23
CAMPING DEPARTMENT ATRIUM

Dr. Bernd Heinrich is an avid runner, outdoorsman, naturalist and author of 18 books, in addition to extensive research and numerous articles. He is also a professor emeritus in the Department of Biology at University of Vermont and a former Guggenheim fellow, Harvard Fellow and Alexander von Humboldt Fellow. He currently resides in Western Maine.

5:30-6:30 P.M. Presentation: "Why We Run"

To celebrate the 10th anniversary of the Salomon Trail Running Festival at Pineland Farms, Dr. Bernd Heinrich will talk about his experiences as a record-setting runner and the challenges that led to the writing of his book, *Why We Run: A Natural History*.

7:30-8:30 P.M. Presentation: "The Homing Instinct"

Dr. Heinrich will discuss his insights gained from many years of studying bird and animal behavior. Topics in his latest book, *The Homing Instinct*, include how geese imprint true visual landscape memory, how the tiniest of songbirds are equipped for solar and magnetic orienteering over vast distances, and the spring return of a pair of sandhill cranes to their home pond in the Alaska tundra.

SPONSORED BY NIKON



Guided Bird Outings

Friday-Sunday, May 22-24

Please meet at the specified location—transportation will not be provided.

FRIDAY ONLY

8-10 P.M. Owl Prowl Outing

MAST LANDING SANCTUARY · FREEPORT, ME

Join us at night for a special "Owl Prowl." We'll explore Maine Audubon's 140-acre sanctuary in Freeport, as we listen for owls and try to spot a few. Visit www.freeportconservationtrust.org for directions

SATURDAY & SUNDAY

7-10 A.M. Florida Lake Outing

FLORIDA LAKE TOWN PARK · FREEPORT, ME

The large, shallow lake and surrounding wetlands provide an excellent habitat for waterfowl and a wide variety of birds—over 100 species of birds have been identified in this area. Visit www.freeportconservationtrust.org for directions

7-10 A.M. Pettengill Farm Outing

PETTENGILL FARM · FREEPORT, ME

Join local birding experts at Pettengill Farm, a nineteenth century saltwater farm on the estuary of the Harraseeket River. The property includes 140 acres with fields, woods, apple orchards and a salt marsh, as well as four trails that wind through the fields and forest, down to the river. We expect to see a variety of songbirds and shorebirds here! Visit www.freeporthistoricalsociety.org for directions

3-6 P.M. Wolfe's Neck Farm Outing

WOLFE'S NECK FARM · FREEPORT, ME

Located along the shores of Casco Bay in Freeport, Wolfe's Neck Farm is a 626-acre farm dedicated to continuing and improving their long tradition of sustainable agriculture, recreation and education while preserving its open space. Join local birding experts at the salt marshes to watch for wading and seabirds. Visit www.wolfesneckfarm.org for directions

SUNDAY ONLY

8-10 P.M. Woodcock & Owl Prowl Outing

SAYLES FIELD · FREEPORT, ME

We'll be on the lookout for woodcock and owls during our evening bird walk on this 70-acre property protected by the Freeport Conservation Trust. The woodcock may be best known for its fascinating springtime courtship. On spring nights, males perform very erratic displays to attract a mate, which features a distinctive, twittering flight sound and ends with a steep dive back to the ground. Visit www.freeportconservationtrust.org for directions

Friday · May 22

6:30-8 P.M. Bird Photography with expert, Shawn Carey SPONSORED BY SWAROVSKI OPTIK



Shawn Carey from *Migration Productions* will discuss the best places, times and techniques for photographing birds and provide information about essential equipment and recommended software. He will share some interesting stories, along with a few tricks of the trade! There will also be plenty of time for questions from the audience.
CAMPING DEPARTMENT ATRIUM

8-10 P.M. Owl Prowl Outing at Mast Landing Sanctuary

We'll explore Maine Audubon's 140-acre sanctuary in Freeport, listening for owls and trying to spot a few.
See inside panel for more details.



Saturday · May 23

7-10 A.M. Florida Lake Park Outing

Explore the park with local birding experts.
See inside panel for more details.

7-10 A.M. Pettengill Farm Outing

Join local birding experts and expect to see a variety of songbirds and shorebirds.
See inside panel for more details.

10-11 A.M. Spot an Owl

We'll show you how to use binoculars, then provide you with directions for a campus-wide adventure to test out your "owl spotting" skills.
DISCOVERY PATIO

11 A.M.-1 P.M. Book Signing: A Snowy Owl Story

Based on a true story, this simple narrative teaches youngsters about migration, adaptation and respectful human interaction with nature. Maine author Melissa Kim and Maine illustrator Jada Fitch will be available to sign this inspiring book, published in cooperation with Maine Audubon.
DISCOVERY LOBBY

Saturday · May 23 *continued*



11 A.M.-NOON Birding 101

Interested in birding, but not sure how to get started? Staff from the Cornell Lab of Ornithology will show you how easy it is to begin birding—learn about binoculars, basic bird habitat, migration and behavior, and the simple tools you'll need.
CAMPING DEPARTMENT ATRIUM

NOON-1 P.M. Introducing Bird Watching to Your Family

Birding is a great hobby for all ages to enjoy. Birds can be especially fascinating to kids because of their uniqueness in flight, plumage and song. Join birding educators from The Cornell Lab of Ornithology as we explore fun ways for families to get outside and experience the wonderful world of birds.
CAMPING DEPARTMENT ATRIUM

1 P.M. Live Bird Demonstrations: Wind Over Wings

See below for more details.

1:30-3:30 P.M. Bird-Inspired Crafts with Artist, Julie Yeo

Come and make a Chickadee!
KIDS' DEPARTMENT

2-3 P.M. Free Resources for Birding

Educators from the Cornell Lab of Ornithology will share a variety of free resources to make birding even more fun for all ages.
CAMPING DEPARTMENT ATRIUM

3-6 P.M. Wolfe's Neck Farm Outing

Join local birding experts at the salt marshes to watch for wading and seabirds. *See inside panel for more details.*

3-4 P.M. Essential Gear for Birding

L.L.Bean experts will cover the basics of essential birding gear, including binoculars and field guides. We'll also show you products that can enhance your birding experience, such as field bags, accessories and proper footwear and clothing.
DISCOVERY LOBBY

5:30-6:30 & 7:30-8:30 P.M. Presentations with Special Guest, Dr. Bernd Heinrich

Dr. Bernd Heinrich will lead two hour-long discussions about his books, *Why We Run: A Natural History* and *The Homing Instinct*. *See inside panel for more details.*
CAMPING DEPARTMENT ATRIUM

Sunday, May 24

7-10 A.M. Florida Lake Park Outing

Explore the park with local birding experts.
See inside panel for more details.

7-10 A.M. Pettengill Farm Outing

Join local birding experts and expect to see a variety of songbirds and shorebirds.
See inside panel for more details.



9:30-10 A.M. Live Radio Show: Ray Brown's Talkin' Birds

Ray Brown's Talkin' Birds is a lively, educational and interactive radio show that appeals to birders and nonbirders alike. It includes rich descriptions of wild birds and recordings of their songs, commentary on the state of the natural world and interviews with authors and naturalists. Listened to by thousands each week, it airs on 16 stations in the Northeast and streams online at www.talkinbirds.com.
DISCOVERY PATIO

11 A.M.-NOON Birds Asleep—Where and How They Do It with Wayne Petersen

Wayne Petersen is Director of the Massachusetts Important Bird Areas (IBA) program for Mass Audubon. He's lectured and conducted birding workshops across North America for more than 35 years and written and contributed to many birding guides. Wayne will discuss the sleeping habits of birds—one of the most common questions about birds.
CAMPING DEPARTMENT ATRIUM

NOON-1 P.M. Maine Audubon's Piping Plover and Least Tern Recovery Project

Piping Plovers and Least Terns are both listed as endangered species in Maine. Each spring, they return to nest and raise their young on southern Maine beaches. Join wildlife ecologist Laura Zitske to learn more about Maine Audubon's work helping shorebirds and people share Maine's beaches.
CAMPING DEPARTMENT ATRIUM

Sunday · May 24 *continued*



1 P.M. Live Bird Demonstrations: Center for Wildlife

See below for more details.

1:30-3:30 P.M. Bird-Inspired Crafts with Artist, Julie Yeo

Have fun making your own mixed-up paper birds!
KIDS' DEPARTMENT

2-3 P.M. Birding 101

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DISCOVERY LOBBY

3-6 P.M. Wolfe's Neck Farm Outing

Join local birding experts at the salt marshes to watch for wading and seabirds. *See inside panel for more details.*

6:30-7:30 P.M. Birding in the Digital Age with Doug Hitchcox

Join Maine Audubon staff naturalist, Doug Hitchcox, to explore how smartphones have become an important tool for birding. He'll cover apps for birders, with an in-depth look at BirdLog, and how to pick the best digital field guide. There will also be an introduction to digiscoping and basic audio recording.
CAMPING DEPARTMENT ATRIUM

8-10 P.M. Woodcock & Owl Prowl Outing at Sayles Field

We'll be on the lookout for woodcock and owls during this evening bird walk. *See inside panel for more details.*

Live Bird Demonstrations Saturday & Sunday, May 23-24

SATURDAY: Wind over Wings

SUNDAY: Center for Wildlife

1 P.M.

Experience the wonder of being just a few feet away from a magnificent bird of prey. These organizations will bring their "ambassadors," birds who are unable to survive in the wild, so you can see owls, falcons and other raptors up close during these fascinating and educational talks. They will inspire you with their stories of courage, adaptability and resilience.

MAIN ST. PATIO

